



El Paso Health
HEALTH PLANS FOR EL PASOANS. BY EL PASOANS.

FIRST STEPS

2019 Baby Showers

All Showers take place at:
El Paso Health
1145 Westmoreland Dr.
El Paso, TX

Topics included in the class:

Your Medical Benefits • Prenatal Care
Breastfeeding • Labor & Delivery • Postpartum Care
Newborn Care • Texas Health Steps • Car Seat Safety

**You will be receiving a
CAR SEAT and DIAPER BAG
at the end of the class.**

RSVP to Member Services:
915-532-3778
1-877-532-3778 Toll Free

CLASS WILL BE HELD IN ENGLISH

- Limited to 1 guest per member
- No children please
- Dates and locations are subject to change

Baby Showers take place on the 3rd Friday of the month, unless noted with an *.

Spanish: 9am-11am • English: 12:30pm-2:30pm

Members should arrive 15 min before the class begins.

Month	Day
JAN	18
FEB	15
MAR	15
APR	25*
MAY	24*
JUN	21
JUL	19
AUG	23*
SEP	20
OCT	18
NOV	15
DEC	20

