# Behavioral Providers Specialty Training

Welcome Providers!

January 31, 2013

EL PASO FIRST Health Plans inc.

EPF-Behavioral Specialty Training Presentation 013113



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Health *Plans* inc.

## Sonia Lopez-Claims Director

# Janel Lujan-Health Services Director





## **Implementation Date**

## The HHS Ruling

January 16, 2009, the Department of Health and Human Services published a ruling

The 10th Revision of the ICD-CM be adopted to replace the ICD-9 diagnosis codes set

and

The ICD-10-PCS be adopted to replace the ICD-9 procedure code set for inpatient hospital coding.

The implementation date
for the
ICD-10 Code Set
Is October 1, 2013
October 1, 2014
(pending final ruling)
for all covered entities.

## ICD-10 Code Count Comparison



# **Day Submission Illustration**

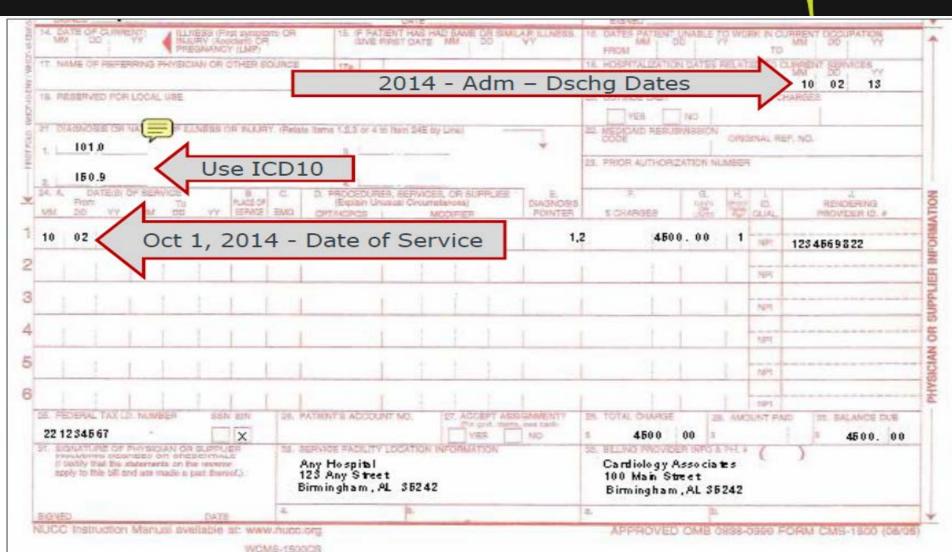
#### Professional Claims:

- If Date of Service Before 10/1/2014
  - Use ICD-9 codes for professional and institutional charges
- If Date of Service is On or After 10/1/2014
  - Use ICD-10 diagnosis codes for professional outpatient and inpatient claims

### Facility Claims:

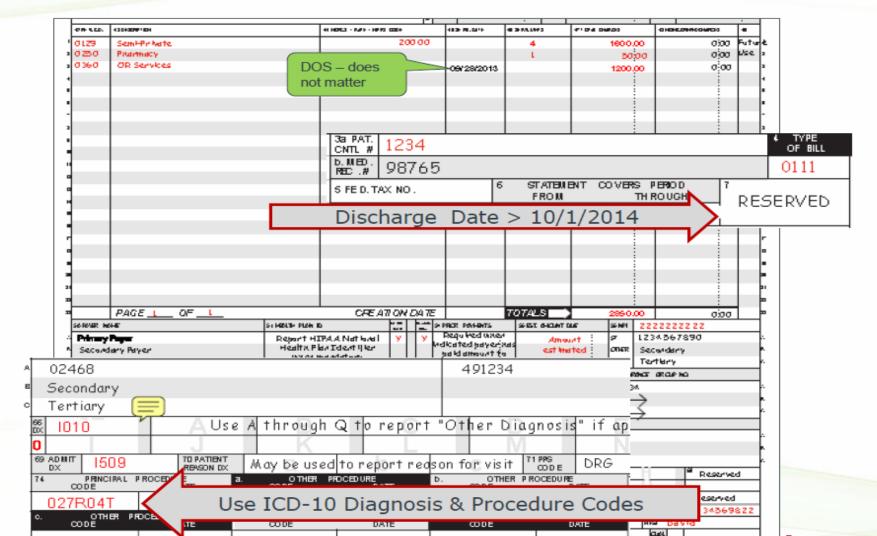
- If Discharged on 9/30/2014
  - Use ICD-9 codes diagnosis codes
  - Use ICD-9 procedure codes
- If Discharged On or After 10/1/2014
  - Use ICD-10 diagnosis codes regardless of date of service
  - Use ICD-10 procedure codes regardless of date of service

# Inpatient Professional Service DOS After 10/1/2014



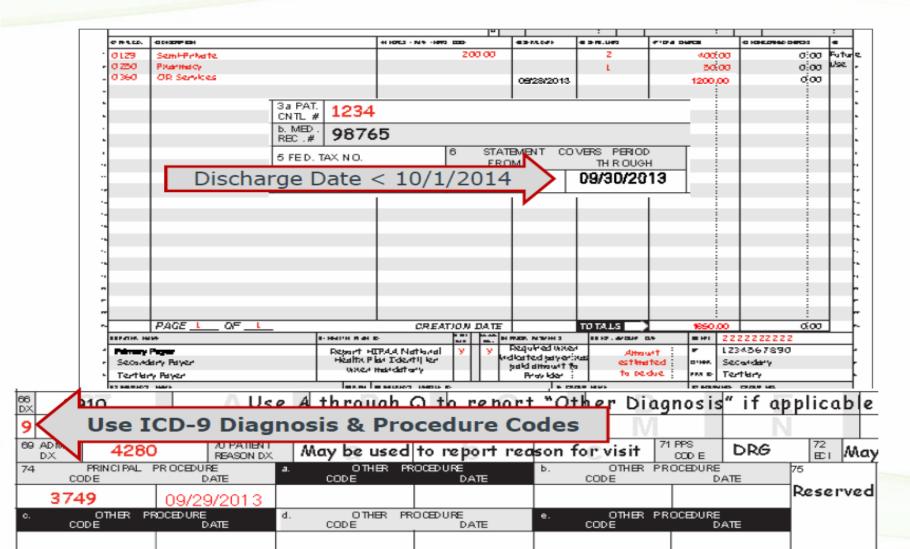
# Inpatient Facility Services Discharge after 10/1/2014

Inpatient Facility Claim Discharge After 10/1/2014 = ICD-10 Codes



# Inpatient Facility Services Discharge before 10/1/2014

Inpatient Facility Services Discharge Before 10/1/2014 = ICD-9 Coding



## **Major Goals for ICD-10**

- 1. <u>Classification tool</u> morbidity data for indexing medical records, medical care review, and ambulatory and other medical care programs.
- 2. Specificity more uniform, consistent level of specificity.
- 3. <u>Expandable</u> a code system that can be expanded to include new codes with the development of technology and discovery of diseases within the original code structure.



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## Diagnosis Comparison Chart

## ICD-9 to ICD-10 Diagnosis Code Comparison

ICD-9-CM Diagnosis Codes	ICD-10-CM Diagnosis Codes
Approximately 14,000 Codes	Approximately 69,000 Codes
3-5 Characters; all numeric (except for 1st character of 'V' codes and 'E' codes	3-7 Characters; Value 1 - Alpha; Values 2&3-Numeric; Values 4-7 - Alpha Numeric
No placeholders used in the codes	'X' used as a placeholder
No distinction in laterality	Includes laterality when applicable
No distinction in initial and subsequent encounters	Initial and subsequent encounter distinction included. New term added 'sequela' / 'sequelae' (plural)
No room for expansion within the code set	Code set designed to accommodate expansion within structure -alpha numeric ranges & placeholders
General codes – difficult to analyze	Specificity of codes improving accuracy and data analytics
Outdated Code Set – Limited international reporting available	Supports international reporting and data exchange between US and other countries

## Procedure Comparison Chart

### ICD-9 to ICD-10 Procedure Code Comparison

ICD-10-PCS Codes				
71,920 Codes				
All Codes contain <u>7</u> Characters; all				
Alpha Numeric – No decimal				
' <u>Z</u> ' used as a Placeholder for Unused Qualifiers				
Standard Terminology for				
Procedures, Surgical Approaches				
Code set designed to accommodate				
expansion within structure -alpha				
numeric ranges & placeholders				
Specificity of codes including <b>Body</b>				
Parts, Surgical Approaches and				
Qualifiers				
New Technology and Devices Allows				
More Specific DRG Processing				

# Structural Distinction of the Diagnosis Codes

ICD-9-CM

Volume 1-2

ICD-10-CM

- Codes are numeric
- •E Codes / V Codes Distinct Identification
- •Codes are 3 or 5 digits
- No Place Holder Used



Category

Etiology, Anatomic Site, Manifestation

- Codes are alpha-numeric
- Codes contain 3-7 characters
- •Place Holder 'X' Used for 5<sup>th</sup> or 6<sup>th</sup> Character When Applicable







Category

Etiology, Anatomic Site, Manifestation

Extension

# ICD-10-CM Helpful Links

#### ICD-10-CM Resource Material

- 1.ICD-10-CM Official Guidelines for Coding and Reporting CMS
- 2. <u>www.innerbody.com</u>, Human Anatomy Education Site, Copyright (c) 1999 2011 HowToMedia, Inc.
- 3.www.Wikipedia.org
- 4. http://medical-dictionary.thefreedictionary.com
- 5.Free Online ICD-9 Look-up <a href="http://icd9cm.chrisendres.com">http://icd9cm.chrisendres.com</a>
- 6.http://emedicine.medscape.com/article/412956-overview
- 7. http://www2.mbusd.org/staff/pware/humanbody.htm
- 8.http://comminutedfracture.info/
- 9.http://www.orthopaedia.com/display/Clerkship/Fractures+in+Children
- 10. http://www.icd10data.com The Free 2012 ICD-10 Medical Online Coding & GEMS Tool
- 11.<u>http://www.aapc.com/ICD-10/resources.aspx</u> Free Online ICD Backward & Forward Mapping Tool
- 12. http://www.anatomyarcade.com/index.html Free Online Games and Anatomy Illustrations
- 13. http://www.getbodysmart.com/index.htm Free Online Anatomy Resources
- 14. <a href="http://www.bartleby.com/107/">http://www.bartleby.com/107/</a> The free online version of the famous Gray's Anatomy of the Human Body (20th edition), with complete text and illustrations.
- 15. http://thinkanatomy.com/ Online Free Anatomy Education Source

# Psychiatry and Psychotherapy Coding Changes in



# Significant Changes to 2013 Psychiatry CPT Code Set

Effective January 1, 2013
Current Procedural Terminology (CPT).

El Paso First Grace Period through January 31, 2013



## **Deleted CPT Codes**

- > 90801 psychiatric diagnostic evaluation
- ➤ 90802 interactive psychiatric diagnostic evaluation
- > 90804 thru 90809 outpatient psychotherapy
- > 90810 thru 90815 interactive psychotherapy
- > 90857 interactive group therapy

**Effective January 1, 2013** 



## **New CPT Codes**

- > 90791 Psychiatric Diagnostic Evaluation (no medical services)
- > 90792 Psychiatric Diagnostic Evaluation (with medical services)
- > 90832 thru 90838 Psychotherapy
- ➤ 90853 Group Psychotherapy
- > 90785 Interactive Complexity (Informational)

Effective January 1, 2013



# **Psychotherapy Service Only**

## **Primary Codes**

- 90832 Psychotherapy 30 min.
- 90834 Psychotherapy 45 min.
- 90837 Psychotherapy 60 min.
- 90785 Interactive Complexity

## **ADD ON CODES**

### [ Billed with E & M Code ]

- + 90833 Psychotherapy 30 min.
- + 90836 Psychotherapy 45 min.
- + 90838 Psychotherapy 60 min.
- + 90840 Psychotherapy 60 min.



Office or Other Outpatient Services			}		Office Outpatie					
Patient: New						Patient: Establish	ed			
Required Componer	ıts: 3	3/3				Required Compon	ents: 2	2/3		
99205 99204 99202 99201		99205	Code	99211	99212	99213	99214			
Required Key Compo	onen	ts				Required Key Com	ponen	ts		
History and Exam (	#1 a	nd #	2)			History and Exam	(#1 a	nd #	2)	
Problem-Focused	х				1803/	<b>Evaluation</b> Problem-Focused	N/A	Х		
Expanded Problem- Focused		Х				Expanded Problem-			х	
Detailed	7/2		х			Focused Detailed				х
		Х	Comprehensive							
Medical Decision Making (Complexity) (#3)					Management  Medical Decision (Complexity) (#3)		ng			
Straightforward	Х	х			200	Codes Straightforward	N/A	Х	3	
Low			х			Low			Х	
Moderate	7/18/			Х		Moderate	Res			Х
High					х	High	High			
Contributory Factor	s					Contributory Fact	ors			
Presenting Problem	ı (Se	veri	ty) (	#1)	10000	Presenting Proble	em (Se	veri	ty) (	#1)
Self-limited or Minor	х		eres.		188	Minimal	X			
Low to Moderate	MI.	х				Self-Limited or Minor		Х		
Moderate			x		plin:	Low to Moderate	1888		X	
Moderate to High				х	х	Moderate to High	Moderate to High			х
Counseling (#2) See E/M Guidelines						Counseling (#2) See E/M Guidelines				
Coordination of Care (#3) See E/M Guidelines					Coordination of Cosee E/M Guidelines	are (#	3)			
Typical Face-to-Face Time (#4)						Typical Face-to-F	ace Ti	me (	#4)	
Minutes 10 20 30 45 60					60	Minutes	5	10	15	25

## History and Exam (#1 and #2)

X

X

X

40

99215

#### Office or Other Outpatient Services

Patient: New
Required Components: 3/3

Code 99203 99204 99201

#### **Required Key Components**

#### History and Exam (#1 and #2)

## Medical Decision Making (Complexity) (#3)

Straightforward	Х	х			
Low			Х		938
Moderate	THE SE		No.	х	
High					х

#### **Contributory Factors**

#### Presenting Problem (Severity) (#1)

resenting riobiem (ceventy) (#17						
Self-limited or Minor	Х				218	
Low to Moderate	371	Х				
Moderate			X		100	
Moderate to High				х	Х	

#### Counseling (#2)

See E/M Guidelines

#### Coordination of Care (#3)

See E/M Guidelines

#### Typical Face-to-Face Time (#4)

Minutes 10 20 30 45

60

# Evaluation & Management Codes

## **ADD ON CODES**

[ Billed with E & M Code ]

- + 90833 Psychotherapy 30 min.
- + 90836 Psychotherapy 45 min.
- + 90838 Psychotherapy 60 min.
- + 90840 Psychotherapy 60 min.

#### Office or Other Outpatient Services

Patient: Established

Required Components: 2/3

Code

99214 99213 99212 99211

#### **Required Key Components**

#### History and Exam (#1 and #2)

Problem-Focused	N/A	X			
Expanded Problem- Focused			x		
Detailed				х	
Comprehensive					X

## Medical Decision Making (Complexity) (#3)

Straightforward	N/A	Х				
Low			Х			
Moderate				х		
High					х	

#### **Contributory Factors**

#### Presenting Problem (Severity) (#1)

				COLOR TOP TO	
Minimal	X				18
Self-Limited or Minor	100	Х			138
Low to Moderate	# 19		Х		1000
Moderate to High	5.05		11/10	Х	X

#### Counseling (#2)

See E/M Guidelines

#### Coordination of Care (#3)

See E/M Guidelines

#### Typical Face-to-Face Time (#4)

Minutes 5 10 15 25 40

# Evaluation & Management Codes

## **ADD ON CODES**

[ Billed with E & M Code ]

- + 90833 Psychotherapy 30 min.
- + 90836 Psychotherapy 45 min.
- + 90838 Psychotherapy 60 min.
- + 90840 Psychotherapy 60 min.

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## **Interactive Complexity**

Report + 90785 {When at least 1 of the following factors are present}

- The need to manage maladaptive communication among participants that complicates delivery of care.
- 2) Caregiver emotions/behavior that interfere with implementation of the treatment plan.
- 3) Evidence/disclosure of a sentinel event and mandated report to a third party with initiation of discussion of the sentinel event and /or report with patient and other visit participants.
- 4) Use of play equipment, physical devices, interpreter or translator to overcome barriers to diagnostic or therapeutic interaction with a patient who is not fluent in the same language or who has not developed or lost expressive or receptive language skills to use or understand typical language.





## Pharmacologic Management

90862 Deleted Code

Pharmacologic management including prescription and review of medications, when performed with psychotherapy services.

{ Billable with appropriate E & M code }



## **Prior Authorization**

- The following services <u>do not</u> require prior authorization:
  - Diagnostic evaluation
  - Psychotherapy with E/M services
  - E/M services



## **Prior Authorization**

- The following services <u>do</u> require prior authorization:
  - Individual psychotherapy
  - Family psychotherapy
  - Group psychotherapy



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## **Case Management**

- Licensed social workers and nurses help with:
  - Service coordination
  - Explaining health plan benefits
  - Linking members with local resources
  - Learning about our members' needs



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# Health Services Contact Information

### **Behavioral Health Unit**

- Diana Gonzalez
   Case Manager
   Ext. 1082
- Aurora AriasCase ManagerExt. 1131

### **Health Services Leadership**

- Janel Lujan
   Director of Health Services
   Ext. 1090
- Irma Vasquez
   Administrative Supervisor
   Ext. 1042



## **Code The Case Scenario**



# Caregiver Emotion/Behavior

Young Elementary school-aged child. For 30 minutes, during the parent portion of the visit, mother has difficulty refocusing from verbalizing her own job stress to grasp the recommended behavioral interventions for her child.

Caregiver emotions/behavior that interfere with implementation of the treatment plan.



# Maladaptive Communication

An older elementary school-aged child accompanied by divorced parents, reporting declining grades, temper outbursts, and bedtime difficulties. Parents are extremely anxious and repeatedly ask questions for 45 min. about the treatment process. Each parent continually challenges the other's observation of the patient.

The need to manage maladaptive communications among participants that complicates delivery of care.



## **Sentinel Event**

In the process of evaluation, the adolescent child reports several episodes of sexual molestations by her older brother. The allegations are discussed with parents and report is made to state agency.

Evidence/disclosure of a sentinel event and mandated report to a third party with initiation of discussion of the sentinel event and/or report with patient and other visit participants.



## **Communication Barriers**

Group therapy for an adolescent who requires a sign language interpreter to follow the conversation in the group.

Use of play equipment, physical devices, interpreter or translator to overcome significant communication barriers.



## Psychiatric Diagnostic Evaluation

Psychiatric diagnostic evaluation with medical services and an integrated biopsychosocial, and medical assessment including history, mental status, other physical examination elements as indicated and recommendations.

The evaluation may include communication with family or other sources. Prescription of medications and review and ordering of laboratory or other diagnostic studies.



# Psychiatric Diagnostic Evaluation

Psychiatric diagnostic evaluation with an integrated biopsychosocial, and medical assessment including history, mental status, and recommendations.

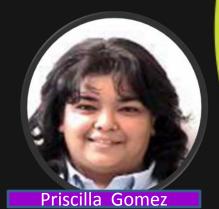
The evaluation may include communication with family or other sources.



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**Meeting PCU** 



Yolanda Ramirez

Monica Sandoval



Chris Valdespino



Betty Vara

Sonia Lopez, BS, CPC
Director of Claims

(915) 532-3778 Ext: 1097

### **Provider Care Unit Extension Numbers:**

- 1527 Medicaid
- 1512 CHIP
- 1509 Preferred Administrators
- 1504 HCO

