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## **Provider Guidance: Nutritional Supplements for DME Providers**

**Texas Medicaid Provider Procedures Manual (TMPPM), Section 2.2.18 Nutritional (Enteral) Products, Supplies, and Equipment** provides comprehensive guidelines on the provision of nutritional products, medical supplies, and equipment. Understanding these rules is key to ensuring compliance and member safety.

### **All Nutritional Supplements require a prescription and must:**

- Be **medically necessary**
- Be **prescribed by a licensed physician or allowed practitioner**
- Include supporting documentation in the request

### **Prior Authorization Guidelines:**

**Members 20 years or younger prior authorization is not required** who meet at least one of the following criteria:

- Client receives all or part of their nutritional intake through a tube.
- Client has a metabolic disorder that has one of the following diagnosis codes: [TMPPM DME Handbook](#)

**Prior authorization is required** for nutritional products that are provided through CCP to clients who do not meet the criteria above.

### **EPH will not cover the following Nutritional products:**

- Products that are traditionally used for infant feeding
- Products with primary diagnosis of failure to thrive or to gain weight, or lack of growth.
- Products for clients who could be sustained on an age appropriate diet
- Nutritional bars

### **Resources: TMPPM DME Handbook:** [TMPPM DME Handbook](#)

Section 2.2.18 Nutritional Products

Section 2.2.18.2 Prior Authorization Guidelines

Section 2.2.18.2.2 Diagnosis Codes for Metabolic Disorders

***EPH Overutilization Monitoring:*** only request/provide products that meet **Texas Medicaid benefit criteria. Avoid** duplicate requests, excessive quantities and terms not aligned with medical need.