



MEMORANDUM

TO: Valued Providers

FROM: El Paso Health

DATE: May 1, 2020

RE: Targeted Case Management/Mental Health Rehabilitation Utilization Guidelines

El Paso Health (EPH) Mental Health Rehabilitative and Mental Health Targeted Case Management services must be provided in accordance with the requirements outlined in Chapter 15 of the Texas Medicaid and CHIP Uniform Managed Care Manual aligned with the DSHS Texas Resiliency and Recovery Utilization Management Guidelines (RRUMG).

The RRUMG provides the utilization limitations per month for standard and high need therapeutic hours. Providers must review a Member's plan of care for Mental Health Rehabilitative and Targeted Case Management Services in accordance with the RRUMG to determine whether a change in the Member's condition warrants a reassessment or change in service. If the Member's condition warrants a change in service, the provider must submit the *Texas Standard Prior Authorization Request Form for Health Care Services* indicating the new Level of Care not to exceed the utilization guidance provided per month.

On an annual basis, EPH will request an attestation from providers of Mental Health Rehabilitative Services and Mental Health Targeted Case Management confirming that all staff are trained to administer the Adult Needs and Strengths Assessment (ANSA) and Child and Adolescent Needs and Strengths (CANS) tools for assessing a Member's needs.

The utilization and quality of services provided to EPH Members are periodically monitored as part of our comprehensive quality improvement program. As such, EPH encourages providers to thoroughly review the RRUMG for adult and child/adolescent populations referenced at the end of this communication. Providers with utilization patterns outside of the RRUMG may be contacted by EPH for further discussion.

If you require further information about the guidelines and EPH's authorization process, please contact our Provider Relations Department at 915-532-3778.



El Paso Health
HEALTH PLANS FOR EL PASOANS. BY EL PASOANS.

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Resources: RRUMG Adults: <https://hhs.texas.gov/doing-business-hhs/provider-portals/behavioral-health-services-providers/behavioral-health-provider-resources/utilization-management-guidelines-manual>

Resources: RRUMG Child and Adolescents:
<https://hhs.texas.gov/sites/default/files/documents/doing-business-with-hhs/provider-portal/behavioral-health-provider/um-guidelines/trr-utilization-management-guidelines-child.pdf>